

Dr. Sheetal Thakur
Assistant Professor
Department of Sociology
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Qualification: M.A (Gold Medallist), M.Phil. (Gold Medallist), UGC NET, PhD (Sociology)

Departmental Exam: Qualified in 2018

Teaching Experience: 14 Years

Areas of Interest:

Research Methodology, Phenomenology, Women Studies, Ethnomethodology, Sociology of Development, Social Demography, Tribal Studies and Social Stratification.

Others:

Resource Person:

- Delivered a lecture in One Week National Workshop on “Critical Thinking and its Importance in Education” from 09-04-2021 to 15-04-2021.
- Delivered a lecture on Gender Sensitization Workshop organised by the Department of Social Justice and Empowerment, Department of Women and Child Development and DIET Kullu on 18-02-2026.

Convener:

- Convened in an International Conference on Socio-Cultural Transformation of Himalayas: Exploring People, Place and Cultural Landscape in Himalayan Region Organised by JLN Govt. College Haripur in Collaboration with Himalayan Council for Scientific Research (HCSR) from 27-12-2021 to 28-12-2021.
- Convened in an International Conference on Gender in Himalaya organised by Himalayan Council for Scientific Research from 08-06-2025 to 09-06-2025 in collaboration with Govt. College Sainj, Kullu, Himachal Pradesh.

Organising Secretary:

- Organised an International Conference by Sociological Society of Himachal Pradesh on Transforming Asia: Development, Tourism and Environment in Mountains from 18-11-2021 to 20-11-2021 at J.L.N Haripur College Manali.

Chair/Co- Chair a session:

- Co-Chaired a session in an International Conference on “Tribal Identity in India: Issues, Challenges, and the Road Ahead on 1st, 2nd and 4th October, 2023 organised by HCSR and Govt. College Pangi HP

Member of Board of Studies/External Examiner

- Appointed Member for Restructuring UG Syllabus of Sociology: In the Framework of NEP-2020 on 15-12-2023 under Department of Sociology and Social Work Himachal Pradesh University, Shimla.
- Appointed as an External Examiner by the Department of Sociology, Central University of Himachal Pradesh.
- Appointed as a Nodal Officer for HPKVN (Himachal Pradesh Kaushal Vikas Nigam) an HP Govt. Undertaking.

Courses:**Orientation Course:**

- Participated and Attended A UGC Sponsored Orientation Programme from 02-12-2019 to 21-12-2019 organized by Human Resource Development Centre. Himachal Pradesh University, Shimla and obtained 'A' Grade
- Participated and Attended an Orientation Program on NAAC Accreditation and Documentation, Conducted by Accreditation Rankings and Certification Network of India (ACRNET India) and CliMed Research Solutions on 14-10-2023

Refresher Course:

- Participated and Attended in UGC Sponsored Interdisciplinary Refresher Course on ICT from 01-02-2021 to 13-02-2021 organized by the UGC- Human Resource Development Centre, Himachal Pradesh University, Shimla and obtained 'A' Grade
- Participated and Attended in Two Week Refresher Course in "Managing Online Classes & Co-creating MOOCs 20.0" from 07-11-2022 to 21-11-2022 organized by Teaching Learning Centre Ramanujan College University of Delhi in collaboration with Tilak Maharashtra Vidyapeeth, Pune under the aegis of Ministry of Education Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching and obtained 'A+' Grade
- Participated and Attended a Two-Week Refresher Course in "Contemporary Perspectives in Sociological Enquiry: A Refresher Course" in online mode from 30-07-2024 to 14-08-2024. Organized by: UGC - Malviya Mission Teacher Training Centre, Iswar Saran P.G. College (A Constituent College of Central University of Allahabad, Prayagraj) and attained A+ Grade

In Service Training, FDP:

- Participated and Attended Two Weeks Induction Programme from 16-12-2013 to 28-12-2013 organized by Govt. College of Teacher Education, Dharamshala under the aegis of Department of Higher Education, Himachal Pradesh and obtained 'A' Grade.
- Participated and Attended Faculty Training Program, includes an Orientation Program on NAAC Accreditation and Documentation, Conducted by

Accreditation Rankings and Certification Network of India (ACRNET India) and CliMed Research Solutions on 14-10-2023 to 20-10-2023

- Participated and Attended Seven days Faculty Development Programme on “Research Methodology and Academic Development” organised by Himalayan Council for Scientific Research in Collaboration with Govt. College Sainj H.P. from 01-07-2025 to 07-07-2025
- Participated and Attended Seven days Faculty Development Programme on “NEP 2020 Orientation & Sensitization Programme” under Malaviya Mission teacher Training Programme (MM-TTP) UGC organized by Kumaon University, Nainital (Uttarakhand) wef 10-11-2025 to 18-11-2025

Workshop:

- Participated and Attended One Week National Workshop on “Critical Thinking” from 9-4-2021 to 15-4-2021 organized by JLN Govt. College Haripur (Manali)
- Participated and Attended One Week National Workshop on “Traditional Local foods in Western Himalaya: A Local Assertion to The Empire” from 16-11-2021 to 22-11-2021 organised by Jawahar Lal Nehru College Haripur (Manali).
- Participated and Attended various Workshops organized at NSCBM Govt. College Hamirpur for “Restructuring UG Syllabus of Sociology: In the Framework of NEP-2020 on 15-12-2023 under Department of Sociology and Social Work Himachal Pradesh University, Shimla.
- Participated and Attended Ten Days International Research Methodology Workshop, organized by RC: 25 Sociology of Sports, Indian Sociological Society, New Delhi & Centre for Study of Social Inclusion, Pondicherry University from 18-09-2024 to 27-09-2024.
- Participated and Attended One Week International Workshop on Sustainable Development and Environmental Conservation by TJCM Govt. Utkrisht College Sujampur Tihra, from 13-02-2025 to 19-02-2025
- Participated and Attended One-week Environmental Literacy Workshop “Think Green, Act Green: A Multidisciplinary Environmental Workshop” organised by IQAC and Dept. of Environmental Science Govt. College Kullu from 15 to 20 December, 2025

Paper Presentations in Conferences and Seminars:

- Presented a paper in National Conference on “*Cinema aur Samajik Sarokar*” organised by Indian Council of Social Science Research (ICSSR), New Delhi from 4-12-2013 to 5-12-2013.
- Presented a paper in National Conference on Management of Natural Resources and Environmental Issues, entitled “*Role of Society in Managing Natural Resources*” organised by Govt. College Kullu from 28-12-2017 to 29-12-2017.
- Presented a paper in International Conference organised by Rupī Saraj Kala Manch in collaboration with Language of Art and Culture Kullu entitled “*Importance of Human Values in the Society*” from 03-03-2018 to 04-03-2018.

- Presented a paper in National Conference on Rashtra Nirman ke liye Uchh Shiksha entitled *"Participation of Women in Higher Education"* at Rajiv Gandhi Govt. College Chaura Maidan, Shimla on 02-01-2020.
- Participated and presented a paper entitled *"Transformation in Agricultural Technology in Mountains: A Study of Lahula Tribe in Himachal Pradesh"* in 10 Days Summer Field School on Mountain Ecosystems & Resource Management Co-Organized by Grass Roots Institute, Canada, UK from 19-09-2021 to 28-09-2021.
- Presented a Paper in 2nd International Conference on Transforming Asia: Development, Tourism and Environment in Mountains, Manali Tourism Meet 2021, entitled *"Relationships Between Women and Environment: Towards a Sustainable Development and Environmental Protection"* organised by Sociological Society of Himachal Pradesh SSHP from 18-11-2021 to 20-11-2021.
- Presented a paper in International Conference on Socio-Cultural Transformation of Himalayas: Exploring People, Place and Cultural Landscape in Himalayan Region entitled *"Socio-Cultural and Ideological Transformation of Traditional Indian Society: A Subaltern Perspective"* organised by JLN Govt. College Haripur (Manali) from 27-12-2021 to 28-12-2021.
- Presented a paper in International Conference on Recognising Plurality and Identity: Socio-Economy, Polity, Culture and Environment in Himalaya organized by JLN Govt. College Haripur in Collaboration with Himalayan Council of Scientific Research (HCSR) entitled *"A Study of Transformation of Social and Cultural Life of Traditional Society in Context of Globalisation: A Case Study of Lahaula Tribe"* from 02-04-2022 to 03-04-2022.
- Presented a paper entitled *"Human Values and Institutional Responses to Climate Change: A Study of the Impact on Indigenous Sovereignty, Culture and Livelihood"* in International Conference by Himalayan Council of Scientific Research on Culture, Identity and Sustainable Development in Himalaya in Collaboration with Centre for the Study of Social Exclusion and Inclusive Policy Panjab University, Chandigarh, from 16-08-2022 to 17-08-2022.
- Presented a paper entitled *"Perception of Society on Environment Conservation and Management: A Sociological Study"* in International Conference by Himalayan Council of Scientific Research on Western Himalaya: Continuity, Change, Uncertainty and Possible Future in Collaboration with Centre for the Study of Social Exclusion and Inclusive Policy Panjab University, Chandigarh, from 28-06-2023 to 30-06-2023.
- Presented a paper entitled *"Socio-Cultural Changes of Tribes and Their Impacts on Environment with Special Reference to Lahaulas in Western Himalayas"* in International Conference on *"Tribal Identity in India: Issues, Challenges, and the Road Ahead"* organised by HCSR and Govt. College Pangi HP, on 1st, 2nd and 4th October, 2023.
- Presented a paper entitled *"Understanding the Issues and Challenges of Indian Tribal Life: A Sociological Study"* in National Conference on Samkaleen Sahitya mein Vividh Vimarsh, organized by Govt. College Arki, Himachal Pradesh, from 27-09-2024 to 28-09-2024.
- Presented a paper entitled *"Assessing the Relationship of Women and Environment: Towards a Sustainable Development and Environmental*

Protection” in International Conference for Women Researchers on issues of Environment and Sustainable Development organised by Brainy Meet on 15-11-2024

- Presented a paper entitled “An Analysis of Indian Tribal Women: A Reflection on their Status and Empowerment” in National Conference for Women Empowerment & Voice on 25-01-2025 to 26-01-2025, organised by VDGGOOD Professional Association, India.
- Presented a paper entitled “Sustainable Development and Women Inclusivity: An Analysis of Gender Equity and Environmental Stewardship” in an International Conference organised by Himalayan Council for Scientific Research on Gender in Himalaya from 08-06-2025 to 09-06-2025 in collaboration with Govt. College Sainj, Kullu, Himachal Pradesh.
- Presented a paper entitled “Impact of Tourism Development and Environment Management: A Suggested Framework for Sustainable Ecotourism, organised by Govt, College Sainj and Himalayan Council of Scientific Research, w.e.f. 25-10-2025 to 26-10-2025
- Presented a paper entitled “Indian Knowledge System: Its Impact on Sustainable Development Goals and Environmental Sustainability” organised by RGM GC Joginder Nagar in Collaboration with HCSR on Revisiting Roots: Reimagining Futures: Multidisciplinary Perspectives on Indian Knowledge System w.e.f. 10-11-2025 to 11-11-2025
- Presented a paper entitled “Women and Their Effort: Towards Conservation and Protection of Environment” in One day National Seminar on World Philosophy Day in ‘The Role of Philosophy in Viksit and Atmanirbhar Bharat’ jointly organised by: Dept. of Political Science, G.C. Kullu and Chaman Lal Mahavidyalaya (Autonomous), Landhaura, Haridwar, U.K. Sponsored by: Indian Council of Philosophical Research, New Delhi on 21-02-2026
- Presented a paper entitled “Understanding Youth in Democratic Processes: A Sociological Study of Constitutional Values” in One day National Seminar on Youth and Politics: The Future of Democracy in India” jointly organised by: Dept. of Political Science, G.C. Kullu and Chaman Lal Mahavidyalaya (Autonomous), Landhaura, Haridwar, U.K. Sponsored by: Indian Council of Social Science Research North-Western Regional Centre: P.U. Chandigarh

Publications:

- Published a paper entitled “*Issue of Social Inclusion and Exclusion of Indian Tribes*” in International Peer Reviewed Journal on Arts, Management and Humanities 1 (1): 14-19 (2012) ISSN No. 2319-5231
- Published a paper entitled “*Disability, Stigma and Social Exclusion*” in International Peer Reviewed Journal on Arts, Management and Humanities 2(2): 48-51(2013) ISSN No. 2319-5231
- Published a Chapter entitled “*Films and Social Causes*” in the book Cinema and Society: Its Influence and Importance in Different Spheres of Human Life, Regal Publications, 2016.

- Published a Chapter entitled “*Importance of Human Values in the Society*” in the book *Manav Mulaya aur Samajik Sarokar*, Saniya Publications 2018
- Published a Chapter entitled “A Study on the Relationship of Women and Environment: Towards A Sustainable Development and Environmental Protection” in the book: *Atmanirbhar Bharat: Darshanik Aadhar aur Samkaleen Vimarsh*, 2026
- Published a Chapter entitled “Understanding Youth in Democratic Processes: A Sociological Study of Constitutional Values” in the book: *Youth and Politics: The Future of Democracy in India*

Participation in Seminars/Webinars/Conferences:

- Participated in National Conference on Natural and Cultural Ecosystems “*Neath the World’s Roof: Cultural Landscapes of Himalayan Communities in the Subcontinent*” organised by IQAC, D. S College, Katihar, Bihar from 02-04-2021 to 08-04-2021.
- Participated in Two Days National Webinar on “*Application of Techniques in Research*” organised by Govind Ballabh Pant Memorial Government College Rampur Bushahr, Shimla from 28-05-2021 to 29-05-2021.
- Participated in National Webinar on “*Comprehensive Business Development Strategies*” organised by Department of B.Voc in Retail Management by SDM College, Ujire, Karnataka on 31-05-2021.
- Participated in “*International Dialogue on Ecological Restoration*” under the Aegis of International Consortium on 05-06-2021.
- Participated in National Virtual Seminar on “*We for Environment*” organised by Govt, College Dhaliara, District Kangra on 05-06-2021.
- Participated in One-Week National Workshop on “*Yoga- An Elixir for Holistic Health & Well Being*” organised by Department Yoga Studies, Himachal Pradesh University in Collaboration with Govt. College of Yoga Education & Health, Chandigarh.

Weblinks:

<https://oaji.net/articles/2014/653-1397368367.pdf>

<https://www.researchtrend.net/ijamh/ijet42/7%20SHEETAL%20THAKUR.pdf>

pdf

Member of Board of Studies/Society/Association:

- Member for Restructuring UG Syllabus of Sociology: In the Framework of NEP-2020
- SSHP (Sociological Society Himachal Pradesh)
- NWISA (North-Western Indian Sociological Association)
- Indian Sociological Society -AD HOC GROUP 4: Indian Sociology and Knowledge System
- HPSA (Himachal Pradesh Sociological Association)
- HCSR (Himalayan Council for Scientific Research)