



## JLN Govt. College Haripur (Manali) HP College Activity

Sr. No.	Particular	Remarks
1	Date	09/08/2023
2	Name of Activity	Induction Program for New Entrants
3	Name of Unit, Agency, Department Organizing the Activity	JLN GC Haripur Physics Department
4	Name of Collaborating Agency (If Any)	N/A
5	No. of Student Participants	ALL First year Students
6	No. of Teacher Participants	Two from Physics Department
7	Brief Report	Induction meeting was held on dated 09/08/2023 to welcome the new students and to apprise the students about the facilities in the college such as Sports, cultural, academics, library, ICT etc. Principal Dr. Mandeep Sharma Addresses the students. During this induction meeting some cultural activities were performed by old students. Apart from this career counseling committee apprise the students about different career aspects after B. Sc.


**Coordinator**  
IQAC

**Event Organizer**

**Principal**  
JLN Govt. College  
Haripur (Manali)



## JLN Govt. College Haripur (Manali) HP College Activity

Sr. No.	Particular	Remarks
1	Date	03/11/2023
2	Name of Activity	Health Awareness Programme
3	Name of Unit, Agency, Department Organizing the Activity	JLN GC Haripur Physics Department
4	Name of Collaborating Agency (If Any)	Department of AYUSH HP
5	No. of Student Participants	80
6	No. of Teacher Participants	15
7	Brief Report	<p>Department of Physics organized Health Awareness Program on 03/11/2024 on the theme “AYURVEDA FOR ALL” Dr. Manish Sood BAMS, Medical Officer Nagar was the chief speaker. In this program Dr. Manish Sood laid emphasis on Ayurveda Principles which are like common law. He explained about the introduction of Ayurveda, basic functioning of body like tridosh pit, cough, vat, dhalu, Agni, Mal kriya, seasonal influence, Diet and Nutrition, metabolism, form of food, exercise, sleep, meditation and some home remedies. More than 80 students and around 15 teachers participated in this program. The main motive of this program is to reduce stress anxiety, boosting the immune system promoting digestion, improving skin health, enhancing brain function and improving sleep quality.</p> 

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## JLN Govt. College Haripur (Manali) HP College Activity

Sr. No.	Particular	Remarks
1	<b>Date</b>	28/02/2024
2	<b>Name of Activity</b>	National Science Day Function 2024
3	<b>Name of Unit, Agency, Department Organizing the Activity</b>	JLN GC Haripur Physics Department
4	<b>Name of Collaborating Agency (If Any)</b>	N/A
5	<b>No. of Student Participants</b>	All Science Students
6	<b>No. of Teacher Participants</b>	All Science Teachers
7	<b>Brief Report</b>	<p>National Science Day was celebrated on on 28<sup>th</sup> February, 2024. Following activities were performed on the Theme of national science day i.e. <b>“Indigenous Technology for Viksit Bharat”</b></p> <ol style="list-style-type: none"> <li>1.Power Point Presentation</li> <li>2.Poster making Competition</li> <li>3.Science Quiz</li> <li>4.Rangoli Competition</li> <li>5.Science Model</li> </ol> <p>All the science students and teacher participated in this function. The chief guest Dr. Mandeep Sharma Principal JLN GC Haripur addressees the students and highlighted the importance of technology for viksit Bharat.</p>

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## JLN Govt. College Haripur (Manali) HP College Activity

Sr. No.	Particular	Remarks
1	<b>Date</b>	23/03/2024
2	<b>Name of Activity</b>	Annual Function 2024
3	<b>Name of Unit, Agency, Department Organizing the Activity</b>	JLN GC Haripur
4	<b>Name of Collaborating Agency (If Any)</b>	N/A
5	<b>No. of Student Participants</b>	All Students
6	<b>No. of Teacher Participants</b>	All Teachers
7	<b>Brief Report</b>	<p>JLNGC Haripur Organized Annual function on 23/03/2024. Dr. Mandeep Sharma, Principal, JLNGC Haripur was the chief guest. Various cultural activities such as solo song, folk orchestra, folk song, skit etc. were performed by students. Students who scored well in academics, cultural, sports and other activities were awarded with books, memento's and certificates by the chief guest.</p>

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