



JLN Govt. College Haripur (Manali)

College Activity

Sr. No.	Particular	Remarks
1	Date	28/07/2026
2	Name of Activity	INDUCTION PROGRAMME
3	Name of Unit/Agency/Department Organizing the Activity	PHYSICAL EDUCATION DEPARTMENT
4	Name of Collaborating Agency (If Any)	
5	No. of Student Participants	30
6	No. of Teacher Participants	1
7	Brief Report	Induction Programme for B.A. First Year Physical Education Students The Department of Physical Education, Jawahar Lal Nehru Government College, Haripur, Manali, organized an Induction Programme for the newly admitted B.A. First Year Physical Education students on 28 July 2026. The programme was conducted by Prof. Jyoti Bala, Head of the Department of Physical Education, with the objective of welcoming the students and introducing them to the department, its academic structure, sports activities, and opportunities for holistic development. A total of 30 students attended the programme. During the session, Prof. Jyoti Bala explained the objectives and scope of Physical Education, the course curriculum, theory and practical components, attendance requirements, internal assessment, examination pattern, and departmental rules and regulations. Students were encouraged to maintain discipline, physical fitness, and regular participation in academic and sports activities. A special session was devoted to inter-college sports competitions conducted under the university. Students were informed about the various games and athletic events in which they could represent the college, including athletics, volleyball, basketball, football, badminton, kabaddi, kho-kho, table tennis, yoga, wrestling, and other sports, depending on the university sports calendar. Prof. Jyoti Bala explained the complete selection and participation process for inter-college competitions. Students were informed that: • The Department of Physical Education conducts trials and selection camps to identify talented players. • Selection is based on sports performance, fitness, skill level, discipline, regular attendance, and commitment to practice. • Selected players receive systematic coaching and regular practice sessions before participating in university competitions. • The college provides necessary support, including sports equipment, coaching guidance, travel arrangements, and official participation as per university norms. • Outstanding performers may be selected for inter-university, state, and national-level competitions, providing them with opportunities to enhance their sporting careers and gain recognition. The students were also informed about the benefits of participating in

sports, such as personality development, leadership skills, teamwork, confidence building, improved physical and mental health, and opportunities for sports scholarships, certificates, and career advancement.

In addition, students were encouraged to participate actively in departmental activities, seminars, workshops, fitness programmes, NCC, NSS, and other extension activities to develop leadership qualities, communication skills, and social responsibility.

An interactive session was held at the end of the programme, where students raised questions regarding sports facilities, eligibility criteria for competitions, practice schedules, and academic requirements. Prof. Jyoti Bala addressed all their queries and motivated them to make the best use of the opportunities available in the department.

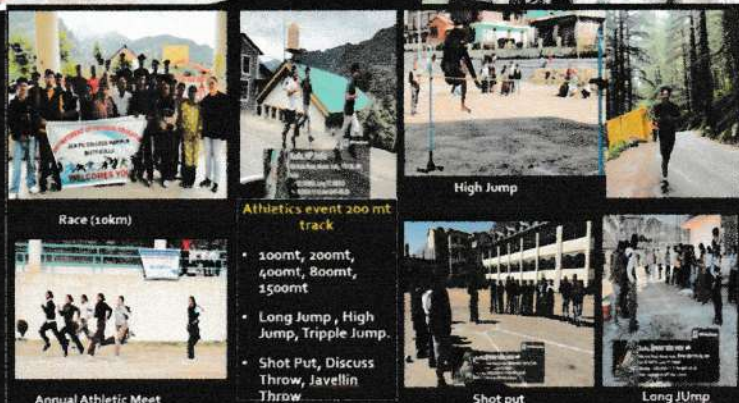
The induction programme concluded with a vote of thanks. The programme was highly informative and inspiring, equipping the newly admitted students with a clear understanding of the Department of Physical Education and motivating them to excel in academics, sports, and extracurricular activities.



Activity/ Competition	Date	Month
International Day Yoga	21 st	June
Brickking & Leadership Camp (as prescribe in syllabus)	7 th to 9 th	July
Health Camp	18 th	July
Chess Competition	7 th , 8 th	August
Badminton Competition	21 st , 22 nd	August
Cross Country 10 km	28 th	August
National Sports Day	29 th	August
Athletic Meet	30 th	August
Table Tennis	5 th	September
Volley Ball Championship	12 th	September
Yoga Workshop	18 th	September
Quiz/Poster Making competition	9 th	October
Yoga Workshop	11 th -12 th	November
Picnic (as prescribe in the syllabus)	7 th	October
Educational Tour (as prescribe in the syllabus)	Mtd	November

Sports calendar Session 2026-27

Dates are subject to change
depending on weather and
conditions.



Malvi
Coordinator

Jyoti Bala
Event Organizer

IQAC

Principal

JLN Govt. College Haripur (Manali)